

Types of Violence

Introduction

There are three types of identified violence: threats, harassments, and physical intimidation. In this section, we will discuss these types of violence in the workplace.

Threats

“Sticks and stones” may break bones, but words do hurt! The following are examples of threats:

- Racial slurs
- Sexual innuendos
- Deliberate, hurtful, or repeated verbal mistreatment
- Direct, conditional, or veiled verbal threat
- Obscene language

Harassments

The following are examples of harassments:

- Verbal abuse
- Gestures (body language)
- Unwanted sexual advances
- Stalking

Physical intimidation

The following are examples of physical intimidation:

- Assaults—kicking, hitting, biting
- Impeding or blocking movement
- Touching or other inappropriate contact
- Displaying a weapon
- Showing the intent to injure a person